

Aberfoyle P.S.—November 2011



"Where Children Come First"

Aberfoyle Public School Newsletter

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NOVEMBER 2011



October has been a busy, busy month! Great things are happening in the classrooms, and there are lots of activities happening around the school. Soccer tournaments have come and gone and cross country races have been run. Many students have already participated in amazing class trips such as the grade 7 Rockwood Caving trip and the grade 4 Eco-Art trip.

First term Progress Reports will come home November 10th and November 18th has been set aside as an interview day. Continue your wonderful efforts to support your child's education. Remember that the most valuable resource you can give your child is your time!

PROGRESS REPORTS



Progress reports come home November 10th this year and you will notice that they look different than report cards in the past. This report is not an evaluation of your child's achievement. Rather, the purpose is to give students and parents early feedback regarding general progress during the first two months of the school year. Evaluation or marks are included on the Term 1 and 2 reports in February and June. Interviews will be held Thursday, November 17th in the early evening and Friday, November 18th during the day. Please look for more information about parent/teacher conferences in your child's report envelope.

SPORTS AT ABERFOYLE



Soccer

Congratulations to both the intermediate girls and boys soccer teams! On Wednesday, October 19th the teams traveled to Centennial CVI to participate in the annual soccer tournament. Their strong defence, quick crosses and sharp goals led to both teams making the playoffs in the tournament.

Cross Country

Intermediate-Aberfoyle sent runners to Intermediate Cross Country at Rockwood Conservation Area on October 13th. The boys placed 3rd overall and although our girls did not have enough runners to form a team they placed very well individually. Congratulations to all of our runners.

Junior- Races this year were held at the Puslinch Community Centre on Oct.18th. Our 9 year old boys and 10 year old girls teams both placed first in their races. Our 10 year old girls placed third and our 9 year old boys placed fourth. We didn't have enough runners to form official teams in the 11 year old girls and boys teams although participants placed well individually. Congratulations to our runners for a great season! A big thank you to our student and parent marshals and to parents who volunteered their time to help out in many areas of training and running-route management.

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REMEMBRANCE DAY



This year our Remembrance Day services will be on Friday, November 11th. The assembly will be for Kindergarten to Grade 6 classes in the gym. Grade 7 to Grade 8 classes will go the Puslinch Community Centre for an outdoor ceremony starting at 10:30 am. Poppies will be handed out on Nov. 11th. Money donations for the poppies may be handed to teachers from November 7-11th. Thank you for your support in remembering our past and present members of the Armed Forces and Peace Corps.



HALLOWEEN



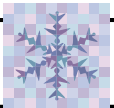
Halloween this year falls on a Monday. On Monday , October 31st the primary and junior classes will have a parade just like last year (alt. Kdg. will be held Oct. 29). Please remember that masks and weapons are not allowed. The parade will be after lunch. Intermediate students are encouraged to wear **black and orange**. The intermediate students will have a dance in the afternoon.



PUMPKIN CONTEST



Aberfoyle pumpkins will be displayed at Stone Road Mall on October 28th to 31st. You can vote for your favourite pumpkin by donating money. Your money will go to UNICEF. Aberfoyle pumpkins will be entered into this year's themes of Clowns and Wizard of OZ. This is the nineteenth annual pumpkin contest at Stone Road Mall and is organized by the Committee of Guelph UNICEF.



OUTDOOR RECESS



The temperatures have been very inconsistent so far this year; however, we are expecting the weather to get chilly and snow may fly soon. Please remember to assist your child in wearing the proper clothing to school. Outdoor footwear for all students is necessary. When wearing only one pair of shoes both inside and outside, dirt and mud are tracked into the school and it becomes onerous to keep the floors clean. All students are expected to participate in outdoor recess, as this important, active break aids concentration and success in the classroom. If the weather turns colder our play structure will be closed Nov. 1st until late spring.

Integrity

Ally

Responsibility

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PICTURE RE-TAKE DAY



Picture re-take day will be November 14th. Original photo packages must be handed to the photographer at the time of re-take. Parents of Alt. Kdg students (KB class) may bring their child to the gym at 8:45 if retakes are needed. Any student who was absent on Picture Day in September will have their photo taken as well.

HELPING YOUR CHILD SUCCEED



Help improve your child's comprehension skills at home when reading with your child. Asking your child higher level thinking questions will promote critical literacy. Below is one type of strategy and it is the strategy that our school is focusing on currently.

Making Connections—Making connections is using what you already know to help you understand something new. Using your background knowledge to help you understand what is being read is a critical reading strategy.

Three Types of Connections:

1) **Connection to self**

This reminds me of something in my own life

2) **Connections to text or movie**

This reminds me of something in another book/movie

3) **Connection to world**

This reminds me of something I have seen in the community/world.

Upcoming Events



November	Event
Nov 4	Earth Rangers Assembly
Nov. 6	Time Change-Fall Back
Nov. 8	Gr. 2's to McCrae house
Nov 8	School Council Meeting 6:45pm
Nov 8-10th	Gr. 5 Earth Keepers
Nov 10	Gr 8 girls HPV shots Gr. 7 Hep B and Menactra shots
Nov 10	Reports Home
Nov 10	Royal Winter Fair gr. 3 & 6
Nov 11	Remembrance Day
Nov 14	Picture Re-Take Day
Nov 18	PA Day-Parent Interviews
Nov 25	Colour Day
Nov 27	Pushlinch Santa Claus Parade

VOLUNTEER/VISITOR TAGS

If you have a volunteer or visitor tag at home would you please return it to the school. Our supply seems to be dwindling and we have many volunteers/visitors who use them on a daily basis.

YEARBOOK

Have you been collecting photos of school events? If you have any photos that we could use for the yearbook please send them to the school for the yearbook committee.



Public Health

Stay Healthy—Clean Your Hands

To contact us:

519.846.2715
1.800.265.7293
info@wdghu.org
www.wdghu.org

Fergus
Fax 519.846.0323

Guelph
Fax 519.836.7215

Orangeville
Fax 519.941.1600

Washing your hands is the best way to stop spreading germs that can make you sick. When your hands are dirty, wash with soap and water. But when you can't wash with soap and water, use an alcohol-based hand sanitizer to kill germs.

Wash your hands often

Before

- Eating
- Cooking
- Visiting or caring for a sick person
- Handling contact lenses

After

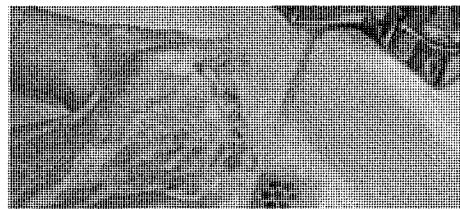
- Eating
- Cooking
- Visiting or caring for a sick person
- Handling contact lenses
- Using the bathroom
- Changing a diaper
- Blowing your nose, coughing, or sneezing
- Touching pets and handling animal waste
- Being outside (e.g. playing, gardening, walking the dog)
- Handling garbage
- Cleaning the house

Washing with soap and water

Soap and water gets rid of germs but doesn't kill them. When you scrub, the soap traps the germs and the water washes them off your hands.

How to clean your hands

1. Wet your hands with warm running water.
2. Put soap on your hands and rub them together to make foam.
3. Scrub your hands together for at least 15 seconds.
4. Scrub all over, including the back of your hands, wrist, between fingers, and under nails.
5. Rinse your hands well with water.
6. Dry your hands with a clean cloth or paper towel.
7. Turn off the faucet with the cloth or towel.



Regular vs. antibacterial soaps

Regular soap is best for handwashing because it **does not** contain antibacterial substances that can cause germs to become resistant to those substances. It comes in two forms:

- **Liquid soap.** This is a good choice because it's clean and easy to use. Clean the outside of the dispenser and wash the inside of the container before you refill it.
- **Bar soap.** Keep the soap dry between washes by putting it on a holder out of water. A wet bar of soap sitting in water has germs on it. Wash the holder often.

Antibacterial soap is not a good choice for handwashing. Even though this soap contains antibacterial substances to kill germs, it needs to be scrubbed into the hands for 30-45 seconds for it to work. If not all the germs are killed, they can become resistant to the antibacterial substance. Antibacterial soaps can't kill viruses that cause colds and flu.

Using alcohol-based hand sanitizers

When you can't wash your hands with soap and water, use an alcohol-based hand sanitizer. The alcohol in the sanitizer kills germs by breaking down their protein coating. Use products that have 60 to 95% alcohol (either ethanol or isopropanol).

There are times when alcohol-based hand sanitizers are less effective than soap and water:

- If you eat foods that could cause an allergic reaction in other people, wash afterward with soap and water. Alcohol-based hand sanitizers don't remove food.
- Wash visible dirt off your hands with soap and water. Alcohol-based hand sanitizers can't kill germs when there is dirt.
- Alcohol-based hand sanitizers kill germs like bacteria, fungi, and viruses but won't kill spores of bacteria and fungi. (Over the last few years, the spore form of *Clostridium difficile* has made people sick in hospitals and nursing homes).

How to clean with an alcohol-based hand sanitizer

- If your hands are dirty with food, dirt, feces, or body fluids, wash with soap and water first.
- Put a dime-size amount of sanitizer on the palm of one hand.
- Rub your hands together to make sure the sanitizer goes all over your hands and fingers.
- Rub until hands are dry (about 30 seconds).
- If your hands are dry in only 10-15 seconds, you need to use more sanitizer.

Children and alcohol-based hand sanitizers

Alcohol-based hand sanitizers are safe for children when used correctly and supervised by an adult. Make sure children rub their hands until they are completely dry. This will allow the alcohol in the sanitizer to evaporate and children can safely touch their mouths and eyes. Store the container safely after use.

