

FAMILY STUDIES VIDEOS

Abuse in Relationships: What to be aware of	2 minutes DVD
Age	28 min. 2002 : Examines the sociological definition of age and the social implications of an aging population.
Be My Baby	? min. 2000 : Story of five teen parents, three young women and two young men.
Behind the Glass Door....Hannah's....	52 min. 1998 ; Describes the slow painful process of reaching one autistic child.
Body Image	25 min. 1997 : Celebrates the men and women who don't make the pages of fashion magazines.
Breakfast's Ready	30 min. Eating breakfast ideas, eating breakfast to control weight.
Children & Poverty	25 ½ min. Canadian children who live below the poverty line.
Children Of Interracial Marriage	25 min. Explores the challenges and opportunities faced by children of interracial marriages. (4 people are the focus of this video.)
Cutting Back on Fat	30 min. 1992 : Reducing the amount of fat we eat, saturated, polyunsaturated and monounsaturated fat.
Developing through Play	30 min. 2002 : Four preschoolers, their daily routines and how their surroundings, parents etc influence them.
Discipline: What Lily Learned	14 min. 1993: Narrated by Lily (a young single mom) who talks about setting limits and sticking to them, helpful solutions on how to deal with bedtime, mealtime, hitting playmates etc.
Double Shift, The	48 min / 1997 : Follows a number of women to see how the double shift (work and home) affects their life.
Dying to be Thin	60 min Look into women's image (NOVA)
Fashion and Costume Design	27 min. : Crystal Siemens, Canadian fashion designer; Dorothy Grant, designs custom clothing that reflects her Aboriginal heritage ; Beauty and the Beast employs a small army of costumes and fitters. Look at the Toronto Princess of Wales Theatre.
Fatherhood	30 min. 2002 : Examines the evolving role of the father.
Great Balancing Act, 'The	
In Real Life: Sexual Harassment	23 min. Designed to educate middle and secondary school students, teachers, staff and parents about the insidious nature of sexual harassment, the harm it causes and what can be done about it.
Inside the Teenage Brain	CTV research done about the teenage brain
Interior and Housing Design	
Journey Into Life: The World Of The Unborn	29 min. (Viewer discretion is advised.) This program contains some nudity and the explicit presentation of the birth of a child.
Magnificent Moms: A Celebration of Motherhood	47 min. 1998 : Four dynamic Canadian Women: Celine Dion, Rita MacNeil, Joyce Milgaard and Chantal Kreviazuk.
Nadia's Journey	72 min NFB: Hellish voyage into a patriarchal culture backed by strict Muslim tradition....in Quebec
Nature and Nurture: The Dance of Life	30 min. 2002 : The role of heredity and environment or nature and nurture, in development.
No Place Called HOME	57 min / NFB: puts a modern face on what it means to be poor in Canada
Nutrition for life	13 min. 1992 : Discusses which foods are most desirable from a nutritional standpoint, and also emphasizes the importance of getting into a healthful routine.
Playing and Growing	

Pregnant Woman Never Drinks Alone	48 min. 1991 : FAS documentary: The social and economic implications of this totally preventable disease are staggering.
Tribe Apart	14 min. 2001 : The definition of "family" has changed radically over the past 20 years in Canada. Dominic Patten investigates, through the eyes of three teens who film their lives: What it's like to live in a single-parent, a same-sex and a multi-racial blended family. Produced by CTV.
Three teenagers	30 min. 1992 : Three teens deal with drugs, family death, and involvement with volunteer/school/sports.
Truth About Cholesterol, The	30 min. 1992 The good and the bad cholesterol and the importance of reducing saturated fat.
What is Alzheimer's?	31 min. 1992 : Real patients and their families are seen as the stages of Alzheimer's from the first nagging concern that something is wrong, to its final outcome are discussed.
What You Eat: National Food Test	
Where Has all the Food Gone?	30 min. 1992 : Food banks, interviews with a man who is hungry, poverty activist and forum discussions.
World Apart, A	10 min. CTV 2002 Regent's Park in Toronto: Group of young people improve the communities belief in itself.