

# FAMILY STUDIES DEPARTMENT

Courses in Family Studies allow students to develop critical and creative thinking skills and to gain hands-on experience. Each Family Studies course provides a social science credit and most do not have a prerequisite.

	Grade 9	Grade 10	Grade 11	Grade 12	COOP
<b>Grade 9</b> <ul style="list-style-type: none"> <li>Individual and Family Living</li> </ul>	HIF10		HIP3E	HHS4M	
<b>Grade 10</b> <ul style="list-style-type: none"> <li>Food and Nutrition</li> </ul>		HFN20		HFA4M	COOP
<b>Grade 11</b> <ul style="list-style-type: none"> <li>Managing Personal Resources</li> <li>Fashion and Creative Expression</li> <li>Living Spaces and Shelter</li> <li>Parenting</li> </ul>			HLS30		COOP
<b>Grade 12</b> <ul style="list-style-type: none"> <li>Food and Nutrition Sciences</li> <li>Individuals and Families in a Diverse Society</li> <li>The Fashion Industry</li> </ul>			HNC30	HNB40	COOP
<b>Cooperative Education</b> <ul style="list-style-type: none"> <li>Living Spaces and Shelter (<i>Interior Design</i>)</li> <li>Fashion (<i>Retail</i>)</li> <li>Food and Nutrition Sciences (<i>Chef/Baker</i>)</li> <li>Parenting (<i>Child Studies</i>)</li> </ul>			HPC30		COOP

Teacher Contact: Ms. Wagner

**SPECIALIST HIGH SKILLS MAJOR HEALTH AND WELLNESS (CHILDCARE AND FAMILY SERVICES FOCUS)**

Refer to page 67 for more information about this program and how to apply. A SHSM allows students to focus on knowledge and skills that are of particular importance in the health and wellness sector, and to obtain certifications recognized in this sector, as they work towards meeting the requirements for an Ontario Secondary School Diploma (OSSD). Students who graduate with a SHSM designation on their diploma are better prepared for success in the post secondary destination of their choice, whether it is apprenticeship training, a college or university program, or the workplace.

**HIF10**

**Individual and Family Living, Grade 9, Open**

This course explores the challenges faced by all people: how to meet basic needs, how to relate to others, how to manage resources, and how to become responsible members of society. Students will acquire the knowledge and skills that are needed to make the transition to adulthood. Teachers will instruct students in developing interpersonal skills, decision-making skills and practical skills related to daily life. Students will explore the functioning of families and the diversities found among families and within society. Students will participate in 5 food labs.

**HFN20**

**Food and Nutrition, Grade 10, Open**

This course explores the factors that affect attitudes and decisions about food, examines the current issues of body image and food marketing, and focuses on the scientific study of nutrition. Students will learn how to make informed food choices and how to prepare foods, and will investigate our Canadian food heritage and food industries as well as global food issues. This course also introduces students to research skills related to food and nutrition. Students will acquire knowledge and skills while participating in food labs, individual and group work, and oral presentations. This course is strongly recommended as preparation for Food and Nutrition Science (HFA4M).

**A voluntary enhanced programming fee of \$10.00 is recommended.**

**HIP3E**

**Managing Personal Resources, Grade 11, Workplace Preparation**

This course prepares students for living independently and working successfully with others. Students will learn to manage their personal resources (including talent, money, and time), to develop interpersonal skills, and to understand economic influences on workplace issues, in order to make wise and responsible personal and occupational choices. The course emphasizes the achievement of expectations through practical experiences and introduces students to skills used in researching and investigating resource management. Students will participate in 5 food labs.

**HNC30**

**Fashion and Creative Expression, Grade 11, Open**

This course explores what clothing communicates about the wearer and how it becomes a creative and entrepreneurial outlet through the design and production processes. Students will learn, through practical experiences, about the nature of fashion design; the characteristics of fibers and fabrics; the construction, production, and marketing of clothing; and how to plan and care for a wardrobe that is appropriate for an individual's appearance, activities, employment, and lifestyle. Students will develop research skills as they explore the evolution of fashion and its relationship to society, culture, and individual psychology.

This course is strongly recommended preparation for HNB4O, The Fashion Industry.

**A voluntary enhanced programming fee of \$10.00 is recommended.**



**Career Opportunities for Family Studies**

**WORK**

- Baker
- Day care Worker
- Tailor/Dressmaker
- Fashion Retailer

**APPRENTICESHIP**

- Early Childhood Educator
- Child and Youth Worker
- Educational Assistant
- Cook or Baker

**UNIVERSITY**

- Teacher
- Midwife
- Adoption Services
- Psychologist
- Family Counsellor
- Gerontologist
- Dietician
- Fashion Designer

**COLLEGE**

- Real Estate Agent
- Child and Youth Worker
- Interior Decorator
- Social Service Worker
- Educational Assistant
- Event Planner
- Caterer

**HLS30**

**Living Spaces and Shelter, Grade 11, Open**

This course analyses how different types of living spaces and forms of shelter meet people’s physical, social, emotional, and cultural needs and reflect society’s values, established patterns of living, and economic and technological developments. Students will learn how to make practical decisions about where to live and how to create functional and pleasing environments, and will explore occupational opportunities related to housing and design. They will also learn skills used in researching and investigating living accommodations and housing

**HPC30**

**Parenting, Grade 11, Open**

This course focuses on the skills and knowledge needed to promote the positive and healthy nurturing of children, with particular emphasis on the critical importance of the early years to human development. Students will learn how to meet the developmental needs of young children, communicate and discipline effectively, and guide early behaviour. They will have practical experiences with infants, toddlers, and preschoolers, and will learn skills in researching and investigating questions relating to parenting. Students will be required to participate in a baby simulation experience.

**HFA4M**

**Food and Nutrition Sciences, Grade 12, University/College Preparation**

This course examines various nutritional, psychological, social, cultural, and global factors that influence people’s food choices and customs. Students will learn about current Canadian and worldwide issues related to food, frameworks for making appropriate dietary choices, and food-preparation techniques. This course also refines students’ skills used in researching and investigating issues related to food and nutrition.

**A voluntary enhanced programming fee of \$10.00 is recommended.**

**Prerequisite:** Any university, university/college, or college preparation course in social sciences and humanities, English, or Canadian and world studies.

**Recommended Preparation:** HFN20

**HHS4M**

**Individuals and Families in a Diverse Society, Grade 12, University/College Preparation**

This course applies current theories and research from the disciplines of anthropology, psychology, and sociology to the study of individual development, family behaviour, intimate and parent–child relationships, and the ways in which families interact within the diverse Canadian society. Students will learn the interpersonal skills required to contribute to the well-being of families, and the investigative skills required to conduct and evaluate research about individuals and families.

**Prerequisite:** Any university, university/college, or college preparation course in social sciences and humanities, English, or Canadian and world studies.

**HNB4O**

**The Fashion Industry, Grade 12**

This course provides a historical perspective on fashion and design, exploring the origins, influence, and importance of fashion as an expression of national, cultural, religious, and personal identity. Students will learn about the many facets of the Canadian fashion industry, including both large-scale and small entrepreneurial enterprises, and its worldwide links, as well as gaining practical experience in garment design, production, and care. This course also refines students’ skills used in researching and investigating various aspects of the fashion industry.

**A voluntary enhanced programming fee of \$10.00 is recommended.**

**Recommended Preparation:** HNC30

**Prerequisite:** None